



Federal Democratic Republic of Nepal



FREE ACUPUNCTURE AND MOXIBUSTION TREATMENT !!!

•••September 15-21, 2017 in Tulsipur, Dang Nepal•••



Lecture to 3doctors and 20nurses and staff.

I gave a lecture to medical staff.

Background

We think that acupuncture started in China several thousands years ago. Then spread to Korea followed by Japan , the U.S. and Europe. At present , more and more countries all over the world are recognizing this form of alternative medicine.

Many famous people, like actors and actresses, athletes use acupuncture in many cases and different situations, for example, body pains, weight loss, facial rejuvenation and other medical conditions.

Why people go to an acupuncturist?

- *it's safe
- *natural way of healing
- *long history
- *proven effective in some cases
- *it's cheap
- * no harmful side effect
- * some people who feel hopeless turn to alternative medicine like acupuncture
- * they feel relaxed after treatment

What cases can be treated with acupuncture?

- * Body pains like back pain, shoulder pain, knee pain, headache, etc.
- * cases of involuntary spasms
- * acute abdominal pain, chest pain, scapular pain, vomiting and diarrhea
- * post menopausal pains
- * autism
- * facial paralysis
- * leg weakness and paralysis
- * cervical and lumbar spondylosis
- * crohn's disease
- * Hemiplegia

Why do we use moxa on needles?

Acupuncture helps relieve pain. Moxa makes the point warm so it improves the blood flow. So when we use needles and moxa together, the pain is relieved and blood flow is improved.

When needle is inserted, there maybe a little pain. It is better to ask the patient, how he/she feels.

By touching, acupuncturist could feel if the skin is cold or warm. If cold, usually, acupuncturist use needle with moxa.

Depending on the condition, acupuncturist decides whether to use needle only or needle with moxa or moxa only.



Pharmacy

Tulsi Hospital operates 24 hours.



3rd floor Infant ICU.



First floor emergency room.
Doctor is on-stand-by.



2nd and 3rd floor after birth care and recovery.



Patients waiting for acupuncture and moxa cure.



Doctors and nurse helping acupuncture and moxa treatment.



Infantile paralysis.



Acupuncture treatment of the hemiplegia.



Acupuncture treatment of lumbago.



342 patients received
acupuncture in three days.

Doctor, nurses, acupuncturist(me)

We held acupuncture and moxibustion volunteer treatment activity at Nepal children's hospital on 16th to 18th of September 2017. It is a pediatric hospital located about two hours by car from nepalgunji airport , a domestic airport from Kathmandu international airport. I went there with a Japanese Nepali interpreter. The hospital treats pediatric cases only. Other patients go to neighboring India. But my volunteer activity permitted us to do treatment for all patients.

Before the volunteer treatment started, I gave a lecture in order to let the doctors , nurses and medical staff understand about acupuncture and moxibustion. Because of that, we were able to treat a lot of patients.

Schedule of Nepal volunteer treatment in 2017

Day 1: September 16

8: 00 ~ Lecture and demonstration

9: 00 ~ 18: 00 acupuncture moxa cure

Treatment of 114 patients

Day 2: September 17

9: 00 ~ 18: 00 acupuncture moxa cure

Treatment of 118 patients

3rd day: September 18

9: 00 ~ 14: 30 Acupuncture and moxibustion treatment

Treatment of 80 patients

Most of the medical problems addressed were knee pain, lower back pain, shoulder pain, headache, chest pain, joint pain of the limbs and abnormal sensation.

Essentially, the treatment was done one time per person except for children with paralysis and hemiplegia, in which case their treatment was done everyday for three days.